



# Stroud Valley Community School

Castle Street  
Stroud  
GL5 2HP  
Telephone 01453 764400  
Fax 01453 755101

Headteacher - Debbie Sleep

4<sup>th</sup> July 2018

Dear parent/s,

Next week, on Tuesday, Amber Class will be visiting Kilve Beach to learn about rock pool habitats and celebrate the end of a successful year.

The children will be travelling by coach therefore, if you think your child may suffer from travel sickness then please make sure that you help them by giving them any **medication** they need plus a spare **change of clothes** (in case they're sick on themselves).

All of the children will need plenty of **water** to keep hydrated whilst travelling and whilst on the beach, please make sure they have ample supplies. Because of the glorious weather, please ensure they have a **sun hat** and **sun cream** which can also be applied on the beach.

They will also need a **packed lunch** and some **healthy snacks**. Due to the location of the trip, please **avoid: meat, fish, chocolate and yoghurt**.

The children will not be wearing school uniform on Tuesday.

## **Wear to school - for the beach:**

- A brightly coloured top (to be easily seen)
- A pair of old shorts (they will probably get wet and dirty)
- A sun hat
- Socks and shoes/sandals
- **Suitable swim/beach shoes in a plastic bag please** - (the rocks are very slippery - you can buy them from Sports Direct or Decathlon)
- **SANDALS AND FLIP FLOPS ARE NOT APPROPRIATE FOOTWEAR ON THIS BEACH!**

## **In a bag - for the journey home:**

- A towel to dry themselves
- Underwear
- A comfortable outfit (top and bottom or a dress)
- A bottle of water and a light snack

Please remember an extra change of clothes if you feel your child may suffer from travel sickness - better to be comfortable.

If you have any questions, please come and ask.

Kind regards  
Miss Lennox