

<p><b>WEEK ONE</b> Weeks beginning:</p> <p>April 24<sup>th</sup> May 15<sup>th</sup> June 5<sup>th</sup> June 26<sup>th</sup> July 17<sup>th</sup> September 5<sup>th</sup> September 25<sup>th</sup> October 16<sup>th</sup></p>	<p><b><u>MONDAY</u></b> <b><u>MAINS</u></b> Chicken pasta bake Jacket potato with beans &amp; salad Sub roll egg &amp; cress</p> <p><b><u>SIDES</u></b> Fresh bread Pasta Mixed vegetables</p> <p><b><u>DESSERT</u></b> Banana sponge &amp; custard</p>	<p><b><u>TUESDAY</u></b> <b><u>MAINS</u></b> Beef burger in a bun with salad Vegetable burger in a bun with salad Jacket potato with cheese &amp; coleslaw</p> <p><b><u>SIDES</u></b> Fresh bread New potatoes Salad or sweetcorn</p> <p><b><u>DESSERT</u></b> Strawberry mousse</p>	<p><b><u>WEDNESDAY</u></b> <b><u>MAINS</u></b> Roast gammon &amp; pineapple Quorn fillet Sub roll tuna mayo</p> <p><b><u>SIDES</u></b> Fresh bread Peas &amp; carrots Pasta or potatoes Gravy</p> <p><b><u>DESSERT</u></b> Fruit yoghurts</p>	<p><b><u>THURSDAY</u></b> <b><u>MAINS</u></b> Chicken fillet with new potatoes Vegetable lasagne Sub roll egg &amp; salad</p> <p><b><u>SIDES</u></b> Fresh bread Broccoli &amp; carrots New potatoes</p> <p><b><u>DESSERT</u></b> Carrot cake &amp; Custard</p>	<p><b><u>FRIDAY</u></b> <b><u>MAINS</u></b> Fish Vegetable fingers Sub roll cheese salad</p> <p><b><u>SIDES</u></b> Fresh bread Pasta or chips Bakes beans or peas</p> <p><b><u>DESSERT</u></b> Chocolate muffins</p>
<p><b>WEEK TWO</b> Weeks beginning:</p> <p>May 2<sup>nd</sup> May 22<sup>nd</sup> June 12<sup>th</sup> July 3<sup>rd</sup> July 24<sup>th</sup> September 11<sup>th</sup> October 2<sup>nd</sup></p>	<p><b><u>MONDAY</u></b> <b><u>MAINS</u></b> Tuna &amp; sweetcorn pasta bake Jacket potato &amp; cheese salad Sub roll ham &amp; coleslaw</p> <p><b><u>SIDES</u></b> Fresh bread Potatoes Green beans</p> <p><b><u>DESSERT</u></b> Lemon sponge &amp; custard</p>	<p><b><u>TUESDAY</u></b> <b><u>MAINS</u></b> Sausages with mashed potato Quorn sausages with mashed potato Sub roll cheese salad</p> <p><b><u>SIDES</u></b> Fresh bread Mixed vegetables Mashed potato Gravy</p> <p><b><u>DESSERT</u></b> Fruit salad with custard</p>	<p><b><u>WEDNESDAY</u></b> <b><u>MAINS</u></b> Roast beef &amp; Yorkshire pudding Vegetable pasta bake Sub roll tuna mayo &amp; cucumber</p> <p><b><u>SIDES</u></b> Fresh bread Cabbage &amp; carrots Pasta or roast potatoes Gravy</p> <p><b><u>DESSERT</u></b> Strawberry mousse</p>	<p><b><u>THURSDAY</u></b> <b><u>MAINS</u></b> Macaroni cheese Couscous stuffed pepper Sub roll ham salad</p> <p><b><u>SIDES</u></b> Fresh bread Green beans Pasta</p> <p><b><u>DESSERT</u></b> Chocolate pudding &amp; custard</p>	<p><b><u>FRIDAY</u></b> <b><u>MAINS</u></b> Salmon fish cake Vegetable grill Sub roll egg salad</p> <p><b><u>SIDES</u></b> Fresh bread Pasta or chips Peas or baked beans</p> <p><b><u>DESSERT</u></b> Cherry muffins</p>
<p><b>WEEK THREE</b> Weeks beginning:</p> <p>May 8<sup>th</sup> June 19<sup>th</sup> July 10<sup>th</sup> September 18<sup>th</sup> October 9<sup>th</sup></p>	<p><b><u>MONDAY</u></b> <b><u>MAINS</u></b> Chicken salad with new potatoes Jacket potato with beans &amp; salad Sub roll ham</p> <p><b><u>SIDES</u></b> Fresh bread New potatoes Mixed vegetables</p> <p><b><u>DESSERT</u></b> Jam sponge with custard</p>	<p><b><u>TUESDAY</u></b> <b><u>MAINS</u></b> BBQ pork wraps Quorn mince pasta bake Sub roll egg &amp; mayo</p> <p><b><u>SIDES</u></b> Fresh bread Cabbage &amp; green beans Pasta</p> <p><b><u>DESSERT</u></b> Apple &amp; pear crumble with custard</p>	<p><b><u>WEDNESDAY</u></b> <b><u>MAINS</u></b> Roast Pork &amp; apple sauce Jacket potato with tuna mayo Sub roll cheese salad</p> <p><b><u>SIDES</u></b> Fresh bread Pasta or roast potatoes Peas &amp; carrots</p> <p><b><u>DESSERT</u></b> Fruity flapjack</p>	<p><b><u>THURSDAY</u></b> <b><u>MAINS</u></b> Cheese, tomato &amp; ham quiche Sweet potato curry Sub roll tuna &amp; cucumber</p> <p><b><u>SIDES</u></b> Fresh bread Sweetcorn New potatoes</p> <p><b><u>DESSERT</u></b> Ice cream</p>	<p><b><u>FRIDAY</u></b> <b><u>MAINS</u></b> Fish fingers Vegetable sausage Sub roll cheese salad</p> <p><b><u>SIDES</u></b> Fresh bread Pasta or chips Peas or baked beans</p> <p><b><u>DESSERT</u></b> Fruity jelly</p>

The second choice each day is suitable for vegetarians.

Fresh seasonal salad, fresh whole wheat bread and fresh drinking water are available daily.

Fresh fruit is available daily as an alternative to the dessert of the day.

All meats are high welfare.

All our fish is sustainable and approved by the Marine Stewardship Council (MSC).

For information regarding allergens or if any special diets are required please speak to Clare Hunt, school cook.



# **School Lunch Menu Summer**