

<p>WEEK ONE Weeks beginning: April 16th May 7th June 4th June 25th July 16th September 3rd September 24th October 15th</p>	<p><u>MONDAY</u> <u>MAINS</u> Tuna & Sweetcorn pasta bake Vegetable Fingers Sub roll ham & tomato</p> <p><u>SIDES</u> Fresh bread New potatoes Peas Pasta</p> <p><u>DESSERT</u> Strawberry Mousse</p>	<p><u>TUESDAY</u> <u>MAINS</u> Cheese & tomato French bread pizza Jacket potato with ham salad Sub roll egg salad</p> <p><u>SIDES</u> Fresh bread Pasta Green beans</p> <p><u>DESSERT</u> Cherry & apple crumble with custard</p>	<p><u>WEDNESDAY</u> <u>MAINS</u> Roast pork with apple sauce Quorn fillet Sub roll cheese salad</p> <p><u>SIDES</u> Fresh bread Broccoli & carrots Roast potatoes or pasta Gravy</p> <p><u>DESSERT</u> Fruit cocktail jelly</p>	<p><u>THURSDAY</u> <u>MAINS</u> Jacket potato with turkey salad Vegetable lasagne Sub roll tuna salad</p> <p><u>SIDES</u> Fresh bread Mixed vegetables Boiled potatoes</p> <p><u>DESSERT</u> Chocolate sponge with chocolate custard</p>	<p><u>FRIDAY</u> <u>MAINS</u> Salmon fish cake Vegetable burger Sub roll corned beef</p> <p><u>SIDES</u> Fresh bread Chips or pasta Baked beans or peas</p> <p><u>DESSERT</u> Banana muffins</p>
<p>WEEK TWO Weeks beginning: April 23rd May 14th June 11th July 2nd July 23rd September 10th October 1st</p>	<p><u>MONDAY</u> <u>MAINS</u> Macaroni cheese Jacket potato with tuna mayo Sub roll ham salad</p> <p><u>SIDES</u> Fresh bread New potatoes Carrots & broad beans</p> <p><u>DESSERT</u> Pineapple cake with custard</p>	<p><u>TUESDAY</u> <u>MAINS</u> Jacket potato with chicken salad Vegetable pasta bake Sub roll egg & cress</p> <p><u>SIDES</u> Fresh bread Mixed vegetables Pasta</p> <p><u>DESSERT</u> Carrot cake with custard</p>	<p><u>WEDNESDAY</u> <u>MAINS</u> Roast beef & Yorkshire pudding Vegetable sausages Sub roll tuna salad</p> <p><u>SIDES</u> Fresh bread Roast potatoes or pasta Peas & sweetcorn Gravy</p> <p><u>DESSERT</u> Fruity Yoghurts</p>	<p><u>THURSDAY</u> <u>MAINS</u> Ham & tomato quiche Jacket potato with baked beans Sub roll egg salad</p> <p><u>SIDES</u> Fresh bread New potatoes Cauliflower & green beans</p> <p><u>DESSERT</u> Flapjack with custard</p>	<p><u>FRIDAY</u> <u>MAINS</u> Fish Quorn nuggets Sub roll cheese salad</p> <p><u>SIDES</u> Fresh bread Chips or pasta Baked beans or peas</p> <p><u>DESSERT</u> Fruity muffins</p>
<p>WEEK THREE Weeks beginning: April 30th May 21st June 18th July 9th September 17th October 8th</p>	<p><u>MONDAY</u> <u>MAINS</u> Chicken salad with new potatoes Jacket potato with tuna salad Sub roll cheese salad</p> <p><u>SIDES</u> Fresh bread New potatoes Mixed vegetables Salad</p> <p><u>DESSERT</u> Cherry sponge with custard</p>	<p><u>TUESDAY</u> <u>MAINS</u> BBQ pork wraps Vegetable spaghetti Sub roll egg salad</p> <p><u>SIDES</u> Fresh bread Broccoli & sweetcorn Pasta</p> <p><u>DESSERT</u> Pear sponge with custard</p>	<p><u>WEDNESDAY</u> <u>MAINS</u> Roast chicken & stuffing Jacket potato with cheese & coleslaw Sub roll tuna & cucumber</p> <p><u>SIDES</u> Fresh bread Roast potatoes or pasta Peas or carrots Gravy</p> <p><u>DESSERT</u> Ice cream</p>	<p><u>THURSDAY</u> <u>MAINS</u> Sausages Quorn Sausages Sub roll egg & cress</p> <p><u>SIDES</u> Fresh bread Mixed vegetables Mashed potato or pasta Gravy</p> <p><u>DESSERT</u> Cornflake tart with custard</p>	<p><u>FRIDAY</u> <u>MAINS</u> Fish fingers Vegetables fingers Sub roll ham salad</p> <p><u>SIDES</u> Fresh bread Chips or pasta Baled beans or peas</p> <p><u>DESSERT</u> Chocolate muffins</p>

Fresh seasonal salad, fresh whole wheat bread and fresh drinking water are available daily.

Fresh fruit is available daily as an alternative to the dessert of the day.

All meats are high welfare.

All our fish is sustainable and approved by the Marine Stewardship Council (MSC).

For more information regarding allergens please speak to Clare Hunt, school cook.



School Lunch Menu

Summer

2018