

<p>WEEK ONE Weeks beginning:</p> <p>April 22nd May 13th June 3rd June 24th July 15th September 2nd September 23rd October 14th</p>	<p><u>MONDAY</u> <u>MAINS</u></p> <p>Ham & tomato pizza Margherita pizza (V) Jacket Potato with tuna mayo & salad</p> <p><u>SIDES</u></p> <p>Peas & sweetcorn</p> <p><u>DESSERT</u></p> <p>Cherry topped sponge</p>	<p><u>TUESDAY</u> <u>MAINS</u></p> <p>Beef meatballs in barbecue sauce Vegetarian Sausages (V) Jacket potato & baked beans (V)</p> <p><u>SIDES</u></p> <p>Vegetable rice Mixed vegetables</p> <p><u>DESSERT</u></p> <p>Shortbread slice</p>	<p><u>WEDNESDAY</u> <u>MAINS</u></p> <p>Roast chicken & stuffing Quorn fillet (V) Rustic roll with cheese salad (V)</p> <p><u>SIDES</u></p> <p>Roast potatoes or pasta Carrots & green beans</p> <p><u>DESSERT</u></p> <p>Ice cream</p>	<p><u>THURSDAY</u> <u>MAINS</u></p> <p>Beef bolognaise pasta bake Quorn bolognaise pasta bake (V) Jacket potato with chicken, bacon mayo & salad</p> <p><u>SIDES</u></p> <p>Broccoli & broad beans</p> <p><u>DESSERT</u></p> <p>Chocolate sponge with chocolate custard</p>	<p><u>FRIDAY</u> <u>MAINS</u></p> <p>Salmon Fishcake Quorn nuggets (V) Rustic roll with egg mayo & salad</p> <p><u>SIDES</u></p> <p>Chips or pasta Baked beans or peas</p> <p><u>DESSERT</u></p> <p>Fruit cocktail jelly</p>
<p>WEEK TWO Weeks beginning:</p> <p>April 29th May 20th June 10th July 1st July 22nd September 9th September 30th October 21st</p>	<p><u>MONDAY</u> <u>MAINS</u></p> <p>Pork Sausages Quorn Sausages (V) Jacket potato with beans & cheese (V)</p> <p><u>SIDES</u></p> <p>Mashed potato Pasta Mixed vegetables</p> <p><u>DESSERT</u></p> <p>Carrot cake</p>	<p><u>TUESDAY</u> <u>MAINS</u></p> <p>Chilli con carne Macaroni cheese (V) Jacket potato with tuna crunch & salad</p> <p><u>SIDES</u></p> <p>Rice Peas & sweetcorn</p> <p><u>DESSERT</u></p> <p>Pineapple upside-down cake</p>	<p><u>WEDNESDAY</u> <u>MAINS</u></p> <p>Roast gammon Bean burger (V) Rustic roll with egg mayo & salad</p> <p><u>SIDES</u></p> <p>Roast potatoes or pasta Green beans & carrots</p> <p><u>DESSERT</u></p> <p>Chocolate brownie</p>	<p><u>THURSDAY</u> <u>MAINS</u></p> <p>Ham & tomato quiche Tomato & sweetcorn pizza slice (V) Jacket potato with chicken tikka mayo & salad</p> <p><u>SIDES</u></p> <p>Pasta Broccoli or sweetcorn</p> <p><u>DESSERT</u></p> <p>Fruit yoghurt</p>	<p><u>FRIDAY</u> <u>MAINS</u></p> <p>Fish fingers Vegetable fingers (V) Rustic roll with cheese & salad (V)</p> <p><u>SIDES</u></p> <p>Chips or pasta Baked beans or peas</p> <p><u>DESSERT</u></p> <p>Rice crispie square</p>
<p>WEEK THREE Weeks beginning:</p> <p>May 6th June 17th July 8th September 16th October 7th</p>	<p><u>MONDAY</u> <u>MAINS</u></p> <p>Tuna & sweetcorn pasta bake Quorn nuggets (V) Jacket potato with beans (V)</p> <p><u>SIDES</u></p> <p>Pasta Green beans or broccoli</p> <p><u>DESSERT</u></p> <p>Fruit flapjack</p>	<p><u>TUESDAY</u> <u>MAINS</u></p> <p>Beef burger in a bun Cauliflower, leek & potato bake (V) Jacket potato with chicken, sweetcorn mayo & salad</p> <p><u>SIDES</u></p> <p>Peas & sweetcorn</p> <p><u>DESSERT</u></p> <p>Raspberry jam & coconut sponge</p>	<p><u>WEDNESDAY</u> <u>MAINS</u></p> <p>Roast beef Quorn fillet (V) Rustic roll with egg & cress (V)</p> <p><u>SIDES</u></p> <p>Roast potatoes or pasta Mixed vegetables</p> <p><u>DESSERT</u></p> <p>Fruit yoghurt</p>	<p><u>THURSDAY</u> <u>MAINS</u></p> <p>Thai chicken curry Vegetable spaghetti (V) Jacket potato with tuna crunch & salad</p> <p><u>SIDE</u></p> <p>Rice Carrots or broad beans</p> <p><u>DESSERT</u></p> <p>Apple crumble with custard</p>	<p><u>FRIDAY</u> <u>MAINS</u></p> <p>Breaded cod fillet Cheese pie (V) Rustic roll with ham & salad</p> <p><u>SIDES</u></p> <p>Chips or pasta Baked beans or peas</p> <p><u>DESSERT</u></p> <p>Raspberry ripple mousse</p>

Fresh seasonal salad, fresh whole wheat bread and fresh drinking water are available daily.

Fresh fruit is available daily as an alternative to the dessert of the day.

All meats are high welfare.

All our fish is sustainable and approved by the Marine Stewardship Council (MSC).

For more information regarding allergens please speak to Deborah Deane, school cook.



School Lunch Menu

Summer

2019