

<p>WEEK ONE Weeks beginning:</p> <p>7th June 28th June 19th July 3rd September 20th September 11th October 1st November 22nd November 13th December</p>	<p><u>MONDAY</u> <u>MAINS</u> Pepperoni Pizza Margherita Pizza (V)(VE) Vegan cheese is available</p> <p><u>SIDES</u> Sweetcorn Pasta</p> <p><u>DESSERT</u> Fruit yoghurt Fresh Fruit</p>	<p><u>TUESDAY</u> <u>MAINS</u> Tuna & Sweetcorn Pasta Bake Jacket Potato with beans(V)(VE)</p> <p><u>SIDES</u> Mixed Vegetables</p> <p><u>DESSERT</u> Cherry flapjack Fresh Fruit</p>	<p><u>WEDNESDAY</u> <u>MAINS</u> Roast chicken & stuffing Quorn fillet(V) Vegan option available</p> <p><u>SIDES</u> Roast potatoes or pasta Broccoli & green beans Gravy</p> <p><u>DESSERT</u> Fruit muffin Fresh Fruit</p>	<p><u>THURSDAY</u> <u>MAINS</u> Beef Bolognese Pasta Quorn Bolognese(V)(VE)</p> <p><u>SIDES</u> Mixed Vegetables</p> <p><u>DESSERT</u> Fruit Jelly Fresh Fruit</p>	<p><u>FRIDAY</u> <u>MAINS</u> Breaded cod fillet Fishless Fillet(V)(VE)</p> <p><u>SIDES</u> Chips or pasta Baked beans or peas</p> <p><u>DESSERT</u> Cookie Fresh Fruit</p>
<p>WEEK TWO Weeks beginning:</p> <p>14th June 5th July 6th September 27th September 18th October 8th November 29th November</p>	<p><u>MONDAY</u> <u>MAINS</u> Pork Sausages Vegan Sausages(V)(VE)</p> <p><u>SIDES</u> Pasta Mixed vegetables</p> <p><u>DESSERT</u> Fruit Yoghurt Fresh Fruit</p>	<p><u>TUESDAY</u> <u>MAINS</u> Chilli Con Carne Jacket Potato with beans(V)(VE)</p> <p><u>SIDES</u> Rice Sweetcorn</p> <p><u>DESSERT</u> Carrot Cake Fresh Fruit</p>	<p><u>WEDNESDAY</u> <u>MAINS</u> Roast Gammon Quorn fillet(V) Vegan option available</p> <p><u>SIDES</u> Roast potatoes or pasta Peas & Carrots Gravy</p> <p><u>DESSERT</u> Fruit Muffin Fresh Fruit</p>	<p><u>THURSDAY</u> <u>MAINS</u> Chicken Chow Mein Macaroni Cheese(V) Vegan option available</p> <p><u>SIDES</u> Mixed Vegetables</p> <p><u>DESSERT</u> Fruit Yoghurt Fresh Fruit</p>	<p><u>FRIDAY</u> <u>MAINS</u> Fish Fingers Vegan Fishless Fingers</p> <p><u>SIDES</u> Chips or pasta Peas or baked beans</p> <p><u>DESSERT</u> Rice Crispie Square Fresh Fruit</p>
<p>WEEK THREE Weeks beginning:</p> <p>21st June 12th July 13th September 4th October 15th November 6th December</p>	<p><u>MONDAY</u> <u>MAINS</u> Meatballs in a tomato & herb sauce Cheese & Onion Puff(V) Vegan option available</p> <p><u>SIDES</u> Pasta Mixed vegetables</p> <p><u>DESSERT</u> Fruit Yoghurt Fresh Fruit</p>	<p><u>TUESDAY</u> <u>MAINS</u> Ham & Tomato Quiche Jacket Potato with beans(V)(VE)</p> <p><u>SIDES</u> Sweetcorn</p> <p><u>DESSERT</u> Pineapple Cake Fresh Fruit</p>	<p><u>WEDNESDAY</u> <u>MAINS</u> Roast Pork & Stuffing Quorn fillet(V) Vegan option available</p> <p><u>SIDES</u> Roast potatoes or pasta Peas & Carrots Gravy</p> <p><u>DESSERT</u> Fruit Jelly Fresh Fruit</p>	<p><u>THURSDAY</u> <u>MAINS</u> Chicken Korma Tomato & Sweetcorn Pizza slice(V)(VE) Vegan cheese is available</p> <p><u>SIDES</u> Green beans Rice</p> <p><u>DESSERT</u> Cookie Fresh Fruit</p>	<p><u>FRIDAY</u> <u>MAINS</u> Fishcake Vegan Burger(V)(VE)</p> <p><u>SIDES</u> Chips or Pasta Peas or baked beans</p> <p><u>DESSERT</u> Fruit Flapjack Fresh Fruit</p>

The second choice each day is suitable for vegetarians.

Vegan friendly is marked with (VE)

A vegan or vegetarian option can be put in place when not available on the menu for that day.

Fresh seasonal salad, fresh whole wheat bread and fresh drinking water are available daily.

Fresh fruit is available daily as an alternative to the dessert of the day.

All meats are high welfare.

All our fish is sustainable and approved by the Marine Stewardship Council (MSC).

For information regarding allergens or if any special diets are required please speak to Deborah Deane, school cook.



School Lunch Menu

Summer/Autumn 2021