

<p>WEEK ONE Weeks beginning: November 2nd November 23rd</p>	<p><u>MONDAY</u> <u>MAINS</u></p> <p>Pork Sausages Vegetarian Sausages(V)(Ve)</p> <p>Packed lunch: Cheese sandwiches</p>	<p><u>TUESDAY</u> <u>MAINS</u></p> <p>Tuna & sweetcorn pasta Jacket potato with Beans(V)(Ve)</p> <p>Packed lunch: Cheese sandwiches</p>	<p><u>WEDNESDAY</u> <u>MAINS</u></p> <p>Roast chicken & stuffing Quorn fillet (V)</p> <p>Packed lunch: Egg Mayo sandwiches</p>	<p><u>THURSDAY</u> <u>MAINS</u></p> <p>Beef Bolognese Pasta bake Quorn Bolognese Pasta bake (V)</p> <p>Packed lunch: Ham sandwiches</p>	<p><u>FRIDAY</u> <u>MAINS</u></p> <p>Cod fishcake Veggie Burger (V)</p> <p>Packed lunch: Cheese sandwiches</p>
<p>WEEK TWO Weeks beginning: November 9th November 30th</p>	<p><u>MONDAY</u> <u>MAINS</u></p> <p>Meatballs in Tomato & Basil Sauce Jacket Potato with beans(V)(Ve)</p> <p>Packed lunch: Cheese sandwiches</p>	<p><u>TUESDAY</u> <u>MAINS</u></p> <p>Pepperoni pizza Margherita pizza (V)</p> <p>Packed lunch: Ham sandwiches</p>	<p><u>WEDNESDAY</u> <u>MAINS</u></p> <p>Roast Pork & stuffing Quorn fillet (V)</p> <p>Packed lunch: Egg Mayo sandwiches</p>	<p><u>THURSDAY</u> <u>MAINS</u></p> <p>Chicken curry Macaroni cheese (V)</p> <p>Packed lunch: Cheese sandwiches</p>	<p><u>FRIDAY</u> <u>MAINS</u></p> <p>Breaded Cod fillet Quorn nuggets (V)</p> <p>Packed lunch: Cheese sandwiches</p>
<p>WEEK THREE Weeks beginning: November 16th</p>	<p><u>MONDAY</u> <u>MAINS</u></p> <p>Ham, leek & cheese pasta Jacket Potato with cheese and beans (V)</p> <p>Packed lunch: Cheese sandwiches</p>	<p><u>TUESDAY</u> <u>MAINS</u></p> <p>Beef burger in a bun Quorn burger in a bun (V)(Ve)</p> <p>Packed lunch: Cheese sandwiches</p>	<p><u>WEDNESDAY</u> <u>MAINS</u></p> <p>Roast Gammon Quorn Fillet (V)</p> <p>Packed lunch: Ham sandwiches</p>	<p><u>THURSDAY</u> <u>MAINS</u></p> <p>Spaghetti Bolognese Vegetable Bolognese(V) (Ve)</p> <p>Packed lunch: Egg mayo sandwiches</p>	<p><u>FRIDAY</u> <u>MAINS</u></p> <p>Fish Fingers Vegetable Fingers (V) (Ve)</p> <p>Packed lunch: Cheese sandwiches</p>

The second choice each day is suitable for vegetarians (V)

Vegan friendly is marked with (Ve)

A vegan or vegetarian option can be put in place when not available on the menu for that day- Inc. sandwiches

Fresh seasonal salad, fresh whole wheat bread and fresh drinking water are available daily.

Fresh fruit is available daily as an alternative to the dessert of the day.

All meats are high welfare.

All our fish is sustainable and approved by the Marine Stewardship Council (MSC).

For information regarding allergens or if any special diets are required please speak to Deborah Deane, school cook.



School Lunch Menu

November 2020