

## Whole family home learning wellbeing grid

When things are getting a bit much or going a bit topsy-turvy try one of these activities as a family to help you have a bit of a break whilst still learning.

<p>One man's trash is another man's treasure, and this saying couldn't be more true when it comes to recycled robots. Raid your recycling bin and get creative with this guide. <a href="#">How to Make Recycled Robots with Kids   Day Out With The Kids</a></p>	<p>Build an obstacle course out of the things you have in your house. Can you use cushions? Pots and pans you have to step over? Time yourself and see who can do it the fastest!</p>	<p><a href="#">Secret Codes! Write Coded Messages with LEGO Bricks - Frugal Fun For Boys and Girls (frugalfun4boys.com)</a></p>	<p>Can you find numbers around Stroud? Go for a walk and find as many numbers as possible. Can you find a number 13? Number 21? Don't forget to look in places you wouldn't normally!</p>
<p><a href="#">#DrawWithRob – Rob Biddulph</a></p>	<p>Throw down some pillows and lay out a pair of binoculars and a few bird identifiers. If you have eager kids they might even want to write and draw about their observations. Put some seed on a window ledge or in a bird feeder to encourage them.</p>	<p>Read the Ickabog by JK Rowling and draw pictures. <a href="#">Home - The Ickabog</a></p>	<p>Get some pots and pans and make your own band. Can you get everyone involved? What other kitchen items can you use?</p>
<p><a href="#">Tate Kids</a></p>	<p><a href="#">Make a Recycled Bird Feeder   Fun Activities for Kids - The RSPB</a></p>	<p>Can you make rainbow slime? <a href="#">Click here</a></p>	<p><a href="#">(pobble365.com)</a></p>
<p>Take photos of you doing exercise around Stroud! Can you remember any of the Active 10?</p>	<p>Can you make a volcano explode? <a href="#">Click here</a></p>	<p>Open your own café-make a menu and help to cook a meal for your family. Make sure you make the table look delicious too!</p>	<p><a href="#">Home - CBBC Newsround</a></p>

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