

Dance Skills

In dance children will learn how to perform dances using a range of movement patterns, compare their performances with previous ones, and demonstrate improvement to achieve their personal best

Sunshine (EYFS)

Dance skills:

- Join a range of different movements together.
- Change the speed of their actions.
- Change the style of their movements.
- Create a short movement phrase which demonstrates their own ideas.

Compete and perform:

- Control my body when performing a sequence of movements.

Evaluate:

- Talk about what they have done. Talk about what others have done.

Rainbow and Amethyst	<p>Dance skills:</p> <p>Copy and repeat actions. Put a sequence of actions together to create a motif. Vary the speed of their actions. Use simple choreographic devices such as unison, canon and mirroring. Begin to improvise independently to create a simple dance.</p> <p>Compete and perform:</p> <p>Perform using a range of actions and body parts with some coordination. Begin to perform learnt skills with some control.</p> <p>Evaluate:</p> <p>Watch and describe performances. Begin to say how they could improve</p>
Amber	<p>Dance skills:</p> <p>Copy, remember and repeat actions. Create a short motif inspired by a stimulus. Change the speed and level of their actions. Use simple choreographic devices such as unison, canon and mirroring. Use different transitions within a dance motif. Move in time to music. Improve the timing of their actions.</p>

	<p>Compete and perform: Perform sequences of their own composition with coordination. Perform learnt skills with increasing control. Compete against self and others</p> <p>Evaluate: Watch and describe performances, and use what they see to improve their own performance. Talk about the differences between their work and that of others.</p>
<p>Ruby Diamond</p>	<p>Dance skills: Begin to improvise with a partner to create a simple dance. Create motifs from different stimuli. Begin to compare and adapt movements and motifs to create a larger sequence. Use simple dance vocabulary to compare and improve work. Perform with some awareness of rhythm and expression.</p> <p>Compete and perform: Develop the quality of the actions in their performances. Perform learnt skills and techniques with control and confidence. Compete against self and others in a controlled manner.</p> <p>Evaluate: Watch, describe and evaluate the effectiveness of a performance. Describe how their performance has improved over time.</p>

Quartz

Dance skills:

Identify and repeat the movement patterns and actions of a chosen dance style.

Compose a dance that reflects the chosen dance style.

Confidently improvise with a partner or on their own.

Compose longer dance sequences in a small group.

Demonstrate precision and some control in response to stimuli.

Begin to vary dynamics and develop actions and motifs in response to stimuli.

Demonstrate rhythm and spatial awareness.

Change parts of a dance as a result of self-evaluation.

Use simple dance vocabulary when comparing and improving work

Compete and perform:

Perform and create sequences with fluency and expression.

Perform and apply skills and techniques with control and accuracy.

Evaluate:

Watch, describe and evaluate the effectiveness of performances, giving ideas for improvements.

Modify their use of skills or techniques to achieve a better result

Aventurine
Emerald

Dance skills

Identify and repeat the movement patterns and actions of a chosen dance style.
Compose individual, partner and group dances that reflect the chosen dance style.
Show a change of pace and timing in their movements.
Develop an awareness of their use of space.
Demonstrate imagination and creativity in the movements they devise in response to stimuli.
Use transitions to link motifs smoothly together.
Improvise with confidence, still demonstrating fluency across the sequence.
Ensure their actions fit the rhythm of the music.
Modify parts of a sequence as a result of self and peer evaluation.
Use more complex dance vocabulary to compare and improve work.

Compete and perform:

Perform own longer, more complex sequences in time to music.
Consistently perform and apply skills and techniques with accuracy and control.

Evaluate:

Choose and use criteria to evaluate own and others' performances.
Explain why they have used particular skills or techniques, and the effect they have had on their performance.