

Relationships and Sex Education

We use the RSE primary scheme of work which is written by the Gloucestershire Healthy Living and Learning team.

This document outlines the objectives that each class will cover during the year.

Our RSE policy is available to view through our website.

If you would like any further information or clarification about the content of the RSE curriculum, please call the school office and we will arrange for the appropriate member of staff to contact you.

Year One children will be taught about:

Life Cycles

- to understand what a cycle is
- to understand that changes happen constantly as we grow
- to understand the life cycles of humans and animals
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The Human Life Cycle

- to understand the different stages of the human life cycle
- to understand that humans, like other animals change over time
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Being Unique

- to value their own body and recognise its capabilities and uniqueness
- to recognise that people are similar in some ways and different in others
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Personal Hygiene

- to learn basic information about how the body works and ways of looking after it
- to know how to keep themselves clean