

Relationships and Sex Education

We use the RSE primary scheme of work which is written by the Gloucestershire Healthy Living and Learning team.

This document outlines the objectives that each class will cover during the year.

Our RSE policy is available to view through our website.

If you would like any further information or clarification about the content of the RSE curriculum, please call the school office and we will arrange for the appropriate member of staff to contact you.

Year Four and Year Five children will be taught about:

Similarities and Differences

Challenging Stereotypes

- to challenge gender based stereotypes

Personal Hygiene

Antibiotics

- to understand that the most common infections get better on their own through time, bed rest, intake of fluids and healthy living
- to understand that antibiotics should only be taken as prescribed

Keeping Clean

- to consider new aspects of personal hygiene relevant to puberty

Changes

Life cycles

- to understand some of the physical changes that will happen as humans get older.

Responsibilities

- to consider their responsibilities and levels of independence now
- to understand that these have changed as they have grown and that they will continue to change in the future

Physical

- to know and understand the physical changes that take place during puberty and why they happen.

Emotional

- to understand that emotional as well as physical changes happen at different rates for different people.

Genetic Inheritance

- to understand genetic inheritance