



Stroud Valley Community School

Dear parents and carers,

As a part of your child's education at Stroud Valley, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme. PSHE education is the curriculum subject that gives young people the knowledge, understanding, strategies and practical skills to live safe, healthy, productive lives and meet their full potential.

I am writing to let you know that, over 7 weeks, your child's class will be taking part in lessons, which will focus on the relationships and sex education (RSE) aspect of this programme. RSE lessons in this unit will be covering the following Safety and the Changing Body.

- Understanding that physical contact that is acceptable with someone who is close to you may be unacceptable with a stranger.
- Know the name of parts of the body including those of the private parts for their gender.

To support the teaching, we will be using the following vocabulary

Vocabulary

- penis
- vulva
- arm
- leg
- hand
- wrist
- neck
- head
- knee
- foot
- ankle
- elbow

PSHE education is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body. All PSHE teaching takes place in a safe learning environment and is underpinned by our school ethos and values.

If you have any questions, please speak with us.

Yours sincerely,
Mrs Golding